



University Hospitals
Coventry and Warwickshire
NHS Trust

Outpatient Hysteroscopy Service at the Hospital of St Cross

Dr M Maitra – Consultant Obstetrician & Gynaecologist
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What is a Hysteroscopy?

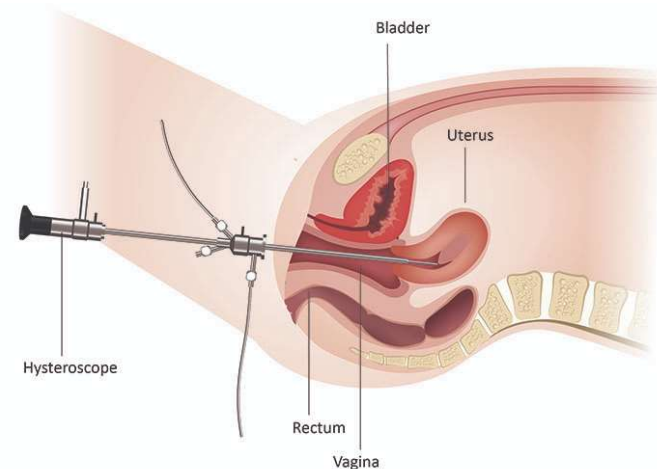
Procedure to investigate various causes of intrauterine gynaecological problems

Established diagnostic test that is in widespread use across the UK

Procedure involves the use of endoscopic equipment to examine the uterine cavity, without the need for formal theatre facilities or general anaesthesia

Nationally recommended with benefits of:

- Reduced operative complications
- Reduced hospital stay
- Reduced cost
- Improved patient recovery time



The Service at Rugby

- ❖ Consultant led diagnostic hysteroscopy service established **November 2018**
- ❖ 10 diagnostic hysteroscopes funded by the Friends of St Cross
- ❖ Patient Couch
- ❖ Fortnightly Clinic, Thurs AM - Owen Building
- ❖ Average 6 patients per clinic
- ❖ Majority referrals from Coventry clinics

Referrals and Audit Results

| Patient Residential Area | Number Booked |
|---------------------------|-----------------|
| Rugby | 53 (72%) |
| Coventry | 11 |
| Stratford Upon Avon | 2 |
| Bedford | 2 |
| Nuneaton | 1 |
| Birmingham | 1 |
| Kenilworth/South Coventry | 1 |
| Northampton | 1 |
| Nottingham | 1 |
| Leicester | 1 |
| TOTAL | 74 |

100% SUCCESS RATE

100% safety rate

Procedure well tolerated

56% required further treatment

2 cases cancer



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Patient Feedback

Thank you to everyone involved...I'm glad I was the first one to use this equipment in this hospital.

Exceptional staff- All the way. Thank you!

Staff friendly and reassuring. Made me feel at ease



I was put at ease from the start of the procedure to the end. I thought it was excellent that I was able to see what was happening though the procedure. All of the staff were very informative, and results were given straight away, so this stopped any anxiety.

Service and staff very helpful, friendly and nothing was an issue. They made me feel at ease and the clinic was easy to access.

Wonderful staff, very supportive. Thank you St Cross



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Next Steps

- ❖ Treatment hysteroscopy service (One Stop) – to commence August 2019*
- ❖ Treatment hysteroscopes to be funded – ‘Omniscopes’
- ❖ New equipment benefits: smaller diameter and longer length which improves tolerance for complex patients
- ❖ Increase the number of clinics
- ❖ Recruitment to additional consultant post
- ❖ Direct referrals from GP

*pending approval

New hysteroscopy service at St Cross receives high praise



Group director of operations for women and children's services Kara Marshall, healthcare assistant Pandora Blair, staff nurse Michelle Lewis, consultant obstetrician and gynaecologist Dr M Maitra, clinic nurse manager Claire Dobson, and Karl Storz representative James Wall in the treatment room at the Owen Building, Hospital of St Cross.

Thank You

